



Gull Lake Ministries COVID-19 Retreat Guidelines

The safety and wellbeing of all guests is our highest priority. Gull Lake Ministries is committed to a high standard for cleanliness, disinfection, and safety. We are paying close attention to the guidelines set forth by the CDC, along with our local health organizations, and have updated our cleaning protocols and guest services accordingly. We have safely served over 5000 individuals since the onset of this unprecedented pandemic and we look forward to safely serving you. Our guests have shared that knowing the information below has helped make their stay enjoyable, relaxed and spiritually renewing.

Guest Expectations:

- Every guest will have their temperature taken upon arrival. Anyone registering 100.4° will need to return home immediately. Check-in/temperature checks take place at the Ministry Center located at 1800 Burlington Drive, Hickory Corners, Michigan 49060.
- If anyone in your group is not feeling well or has any of these prevalent COVID-19 symptoms, they must refrain from coming (shortness of breath, loss of taste/smell, fever of 100.4 or higher, persistent cough).
- Every guest must sign a "COVID-19 GLM Release of Liability". This form is located at the front desk in the Ministry Center or can be given in advance to retreat leaders to complete before arrival.
 - o Minors must arrive with the document signed by their parent or legal guardian.
- Wristbands are provided and are to be worn by all guests once their temperature is taken and the COVID-19 Liability waiver is signed.
- Guests are expected to bring a mask and wear them entering/exiting buildings or when 6 feet distancing is not possible.
- Frequent hand washing & use of hand sanitizer by all guests is strongly encouraged. Guests should bring hand sanitizer or utilize the provided restrooms around grounds for frequent handwashing.
- All GLM staff complete daily temperature checks, symptoms monitoring and have signed the COVID-19 GLM Release of Liability waiver. Masks are worn by all kitchen and food service staff.
- Temperature checks and symptom monitoring is strongly encouraged by all on grounds guests. Again, the prevalent symptoms of COVID-19 are fever, persistent cough, loss of taste/smell, or difficulty breathing.

Meeting Rooms/Accommodations

- Retreat groups are assigned their own meeting room(s) and accommodation(s).
- Your meeting room will be set with extra chairs to allow distancing as needed and masks should be worn when proper distancing is not possible.
- Self-serve **coffee** stations are currently available in the dining room and second floor lobby of the Ministry Center building. Household coffee makers are provided in accommodations and guests are asked to bring coffee, filters and condiments for housing. Self-serve coffee for meeting rooms can be made available upon request by the group leader two weeks prior to your event.
- Water fountains are currently unavailable, due to COVID-19 regulations. Guests are encouraged to bring a water bottle to fill at their accommodation or bring bottles of water. Gull Lake Ministries has items for purchase at our Sweet n Counter, located in the Ministry Center, including but not limited to bottled water, Gatorade, soda, and more.

Dining

- Masks should be worn entering/exiting the dining facility.
- Bathrooms are available for handwashing immediately before entering the dining room.
- Meals are now regular self-serve buffet style. Hand sanitizer is available to guests before they approach the buffet and everyone is required to wear a mask as well. We continue to closely monitor CDC and Michigan Health Department regulations and will adjust accordingly if to-go boxed meals or plate-served buffet is necessary.
- Dining room tables are six feet apart and have fewer chairs per table to allow for distancing. Each group is assigned specific tables during meals.

Activities

- Our fitness area is available upon request for adults 18 and older when the Ministry Center is open. Guests can stop by our Front Desk to sign out a key. Due to COVID-19 regulations, the number of guests in the fitness space is limited and provided on a first-come, first-served basis.
- Bowling is available and must be scheduled two weeks prior to your event. Due to COVID-19 regulations as outlined by the MHHSD, only those bowling can be in the bowling area. We are allowing up to four people per lane to allow for spacing.

While this is not an exhaustive list of all our upgraded safety procedures and protocols, our hope is this update provides you greater peace of mind knowing more of our proactive prevention measures and our commitment to your exceptional retreat experience while at GLM. Please feel free to reach out if you have other questions or concerns. We can be reached at 1-800-350-2442 or by email at info@gulllake.org. We are here to serve you and look forward to seeing you soon.

Note: You may also request our “Foundational Guidelines for Essential Ministry Operations” and our “GLM COVID-19-Preparedness and Response Plan” for further details on GLM’s approach to COVID-19 precautions.