

#4Michiana / April 2024 / At Home Opportunities

- Write a note of encouragement to teachers, administrators and other school staff that you know. National Teacher Appreciation week is scheduled from Monday, May 6 to Friday, May 10.
- Write encouraging notes to public officials, medical personnel, friends, neighbors, family and/or anyone who might need some encouragement.
- Offer to help your neighbor with their yard.
- Encourage wounded soldiers through Operation Quiet Comfort:
 - Write notes of encouragement
 - Instructions: <https://www.operationquietcomfort.org/projects/cards-for-our-heroes-a-fun-and-easy-project-for-your-group/>
 - <http://www.operationquietcomfort.org/wp-content/uploads/2016/06/GreetingCardGuidelines-1.pdf>
 - Knit hats or lapghans
 - Lapghan instructions: <https://www.operationquietcomfort.org/wp-content/uploads/2016/06/Lapghan-Project-Requirements-current.pdf>
 - Hat instructions: <http://www.operationquietcomfort.org/wp-content/uploads/2016/06/knit-hat-pattern.pdf>
 - Sew travel pillowcases
 - Instructions: http://www.operationquietcomfort.org/wp-content/uploads/2016/06/pillowcase-instructions-updated_20160609_0001.pdf
- Provide dinner for a neighbor.
- Send a note of encouragement to residents at Hope Ministries - <https://www.hopesb.org/hope-ministries-volunteer-one-time-projects-and-special-events>. For volunteers of ALL ages! Make it a special day with notes of encouragement! We all love cards and special greetings! But our clients don't usually receive mail that is positive and uplifting. Your notes will be placed in client mailboxes or on beds to bless, uplift and raise the self-esteem of those who are homeless. You can use any type of card you prefer. Plain cardstock cut into fourths works great. You can simply pen a note or decorate the cards with markers, colored pencils and/or stickers. In other words, volunteers can unleash their compassion and creativity. Notes can be all occasion or seasonal, but should not contain any personal information, such as names or phone numbers. When it's time for delivery, we can usually arrange a tour. Or notes can be mailed to Volunteer Services, 432 S. Lafayette Blvd., South Bend, IN., 46634