



WEEK ONE

JOHN 13:35;

1 CORINTHIANS 13:4-7

Loving your family is how your faith can make an impact.

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WEEK TWO

GENESIS 27:34-38;

HEBREWS 11:20

Your family doesn't have to be perfect for God to use it.

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WEEK THREE

ISAIAH 43:2; ISAIAH 41:10

When your family changes, God is with you

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WEEK FOUR

1 SAMUEL 18:3

Sometimes friends are more like family.



REMEMBER THIS:

"By this everyone will know that you are my disciples if you love one another."

JOHN 13:35, NIV



THINK ABOUT THIS:

Family dynamics can be one of the most complicated things for a middle schooler (or anyone!) to navigate. Each and every family is unique, and that means family dynamics differ from family to family. Since students in this phase are already navigating so many unique and changing dynamics at school, in their friend groups, and even in their bodies, dealing with changes in a family of any kind can be overwhelming. That's why in this four-week series, *Fam*, we'll explore how to apply Biblical wisdom to any and all family dynamics!

 DO THIS:



MORNING TIME

Write 1 Corinthians 13:4-7 NIV somewhere your family can see it, leaving a blank space in place of the word “love” throughout the passage. Then, fill in your family’s last name or simply the words, “our family” in those blank spaces. Let it serve as a reminder of the way your family wants to love one another.



MEAL TIME

Find a way to stay connected with your family this week. Encourage each member of your family to connect with one another one-on-one. Whether it’s sharing a meal, doing an activity, or simply going for a walk, help your family members intentionally connect with each other.



DRIVE TIME

Ask your middle schooler: “Who outside of our family feels like family to you?” Whether it’s friends, teammates, neighbors, coaches, Small Group Leaders, or other adults, pay attention to the people they feel close to right now. Then, make an effort to get to know them yourself!



BED TIME

Is there a change happening in your home or family right now? Big or small, good or bad, change may be difficult for your middle schooler to process. This week, take time to talk with them about the changes you may be experiencing as a family and give them a chance to process how they feel with you.